

Suggested Timetable Week beginning 06/07/2020		
Before 9am	Wake up	Have breakfast, have a wash/shower, brush your teeth, get dressed and make your bed.
9:00 – 9:45	Get active!	Joe Wicks daily PE lesson https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ Check out the new PE timetable https://lancashireschoolgames.co.uk/year-3-6-spar-lancashire-school-games-activity-timetable/
9:45 – 10:45	Reading & Writing	Reading Plus Use your Reading Plus log in to read a chosen text. Complete at least 1 quiz in the Reading and Vocabulary section. Do this daily. https://student.readingplus.com/seereader/api/dash/home Read and Respond Please see document attached to home learning page for additional reading task. All writing tasks will be on there too.
10:45 – 11:00	Break time	Enjoy
11:00 – 11:45	Maths	White Rose Maths Please see tasks attached to the Year 4 Home Learning Page. The Lancashire Mathematics Team have created home learning support for parents http://www.lancsngfl.ac.uk/curriculum/primarymaths/index.php?category_id=1211
11:45 – 12:15	French	Madam Russell is uploading weekly French lessons for you to complete at home. Follow the link below: https://www.chorleyssp.co.uk/parents/french
12:15 – 1:15	Lunchtime	Enjoy
1:15 – 1:45	Times Tables Rockstar	Times Tables Rockstar Log in to your individual account. Times tables have been set so you can practise all of them https://trockstars.com/
1:45 – 2:15	Science	What is pitch? https://www.bbc.co.uk/teach/class-clips-video/music--science-ks2-how-drums-make-sound/z6wc8xs Watch video and complete tasks https://www.bbc.co.uk/bitesize/topics/zgffr82/articles/z3j3jty Create your own drum illustrating high and low pitch.
2:15 – 3:00	Study time	Spelling – practise words on the year 3&4 spelling list using this website https://spellingframe.co.uk/ Using Suffixes https://www.bbc.co.uk/bitesize/articles/zvqn2v4 Complete activities on the website above
3:00	Art	Complete the art task on the home learning page

3:30	Afternoon fresh air	Where possible get outside! Play in the garden, go for a walk, do some gardening, spot birds.
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