

Commissioned by:



EMOTIONAL HEALTH & WELLBEING PARTNERSHIP

SERVICE FOR YOUNG PEOPLE

**“I feel happy,
I have more
self worth and
I'm ready to
enjoy life!”**

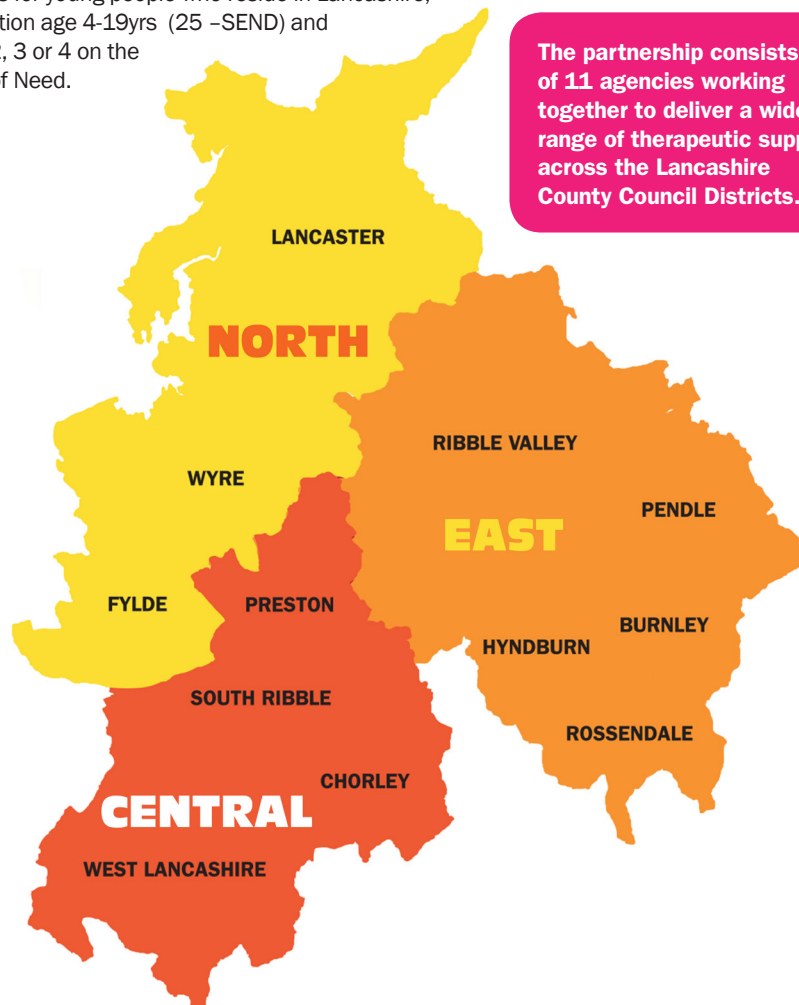


WHO ARE WE?

The Emotional Health and Wellbeing Partnership is commissioned by Lancashire County Council to deliver support for children and young people with low to medium intensity mental health support.

The service is for young people who reside in Lancashire, are of education age 4-19yrs (25 -SEND) and are at level 2, 3 or 4 on the Continuum of Need.

The partnership consists of 11 agencies working together to deliver a wide range of therapeutic support across the Lancashire County Council Districts.



NORTH

CENTRAL

EAST

WHAT CAN WE OFFER?

We offer a qualified team of practitioners who can therapeutically support young people displaying signs of mental health difficulties around:

- Behaviour
- School exclusion
- Child Sexual Exploitation
- Confidence/self esteem/body image
- Loss/separation & bereavement
- Anxiety & stress
- Low mood & depression
- Self harm
- Domestic violence
- Phobias
- Emotional & physical abuse
- Bullying
- Attachment
- Dealing with feelings/problem solving
- Emotional regulation
- Sexual Identity
- Relationships
- Stress and anxiety related to transitions in school and exam stress
- Managing worries
- Sexual Health
- Understanding friendship issues
- Online safety & cyber bullying
- Dealing with parental separation and divorce
- Family relationships

If you are supporting a young person who is experiencing any of the above please make a referral.

Examples of how the support can help:

- Develop more successful strategies for managing behaviour and emotions.
- Increase problem solving skills and conflict resolution skills.
- Learn new ways to comfortably experience and express emotions.
- Strengthen self esteem and promote behaviour change increasing positive mental health.
- Strengthen respect and acceptance of self and others.

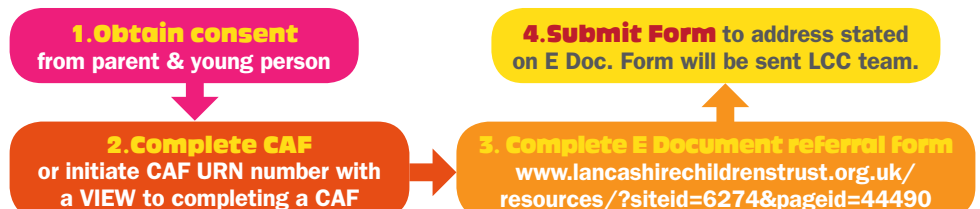
Through other programmes the partnership practitioners may also offer:

- Career support
- Financial literacy support
- Restorative solution
- Goal focused coaching
- Support around school behaviour
- Life Skills
- Developing social skills

MAKING A REFERRAL

PLEASE NOTE: we are not able to receive direct or self-referrals to the LCC Commissioned service.

Access to the service is only through a referral to the Children & Family Wellbeing Service (CFW). Request for support forms & CAF assessment can be found on www.lancashirechildrenstrust.org.uk



USEFUL NUMBERS

Child Family and Wellbeing Service, Advice, Information and Support
Talkzone 0800 511 111 (Text 07786 511 111)
www.lancashire.gov.uk/youthzone

Family Information Service
0300 1236 712

Further information on this and commissioned services can also be found on:

www.canw.org.uk/ehwb
www.lancashirechildrenstrust.org.uk

CONTACT US

For more information about EHWB Partnership please contact:

Whalley Road, Wilpshire, Blackburn, BB1 9LL

t 01254 244700

e LHall@canw.org.uk **Contract Manager**

Referral Enquiries:

1-3 King Street, Leyland, PR25 2LE

t 01772 910340



YMCA



newground
your community is our business

Reachout.work
Early Intervention Services

n|compass northwest
looking towards a brighter future



Child Action Northwest
Registered Charity No: 222533